



# Cheyenne County Health Services Directory

Office of Local Government  
Department of Agricultural Economics  
K-State Research and Extension

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**Local Government**  
K-State Research and Extension

  
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To provide updated information or to add new health and medical services to this directory, please contact:

Connie Holzwarth  
Cheyenne County Hospital  
Business Office  
210 W First Street  
St. Francis, KS 67756  
(785)332-2104 ext. 100

[cholzwarth@cheyennecountyhospital.com](mailto:cholzwarth@cheyennecountyhospital.com)

# Emergency Numbers

**Police/Sheriff**                      **911**

**Fire**                                      **911**

**Ambulance**                          **911**

# Non-Emergency Numbers

Cheyenne County Sheriff      785-332-8880

# Municipal Non-Emergency Numbers

	<u>Police/Sheriff</u>	<u>Fire</u>
St. Francis	785-332-3330	785-332-3306
Bird City	911	785-734-2323

# Other Emergency Numbers

## **American Red Cross**

602 Grand St. (Goodland)  
785-890-2011

## **Cheyenne County Emergency Management**

785-332-8522

## **Domestic Violence and Sexual Assault**

Kansas Crisis Hotline

1-888-END-ABUSE (1-888-363-2287)

[www.kcsdv.org/ksresources.html](http://www.kcsdv.org/ksresources.html)

## **Federal Bureau of Investigation (Wichita)**

316-262-0031

[www.fbi.gov](http://www.fbi.gov)

## **High Plains Mental Health**

1-800-432-0333

## **Kansas Arson/Crime Hotline**

1-800-KS-CRIME

**Kansas Bureau of Investigation**

785-296-8200

[www.accesskansas.org/kbi/](http://www.accesskansas.org/kbi/)

**Kansas Children's Service League**

785-625-2244 (Hays, KS)

1-877-530-5275

Call 24-HR Parent Helpline 1-800-332-6378

[www.kcsl.org](http://www.kcsl.org)

**Kansas Division of Emergency Management  
(Topeka)**

785-274-1409

[www.accesskansas.org/kdem](http://www.accesskansas.org/kdem)

**Kansas Department of Social and  
Rehabilitation Services West Region  
Protection Reporting Center  
(Protection Report Center for Abuse)**

1-800-922-5330

Available 24 hours/7 days per week – including  
holidays for elder and child abuse reports

**Kansas Highway Patrol**

785-899-6697

785-827-4930 (Salina)



## **Kansas Road Conditions**

1-877-550-KDOT (5368)

[www.ksdot.org](http://www.ksdot.org)

511 from cell phones

## **Poison Help Hotline**

1-800-222-1222

[www.kumed.com/default.aspx?id=2729](http://www.kumed.com/default.aspx?id=2729)

[www.poison.org](http://www.poison.org)

[www.aapcc.org](http://www.aapcc.org)

## **Suicide Prevention Hotline**

1-800-SUICIDE (800-784-2433)

[www.hopeline.com](http://www.hopeline.com)

1-800-273-TALK

[www.suicidepreventionlifeline.com](http://www.suicidepreventionlifeline.com)

## **Toxic Chemical and Oil Spills**

1-800-424-8802

[www.epa.gov/region02/contact.htm](http://www.epa.gov/region02/contact.htm)

# Health Services

## Hospitals

### **Cheyenne County Hospital**

210 West 1<sup>st</sup> Street (St. Francis)

785-332-2104

[www.cheyennecountyhospital.com](http://www.cheyennecountyhospital.com)

### Cheyenne County Hospital services include:

24 Hour Emergency Services

Acute & Swing Bed Care

Anesthesia

Cardiac Rehabilitation

Chemotherapy

CT scan

Diagnostic Services

IVP's

Laboratory Services

Basic Metabolic Panel

Blood Count with Smears

Blood Culture

CBC Complete

CBC Complete with Differential

Glucometer

Lipid Panel

Natriuretic Peptide

Prothrombin Time

Stool Culture

Thyroid Stimulating

Troponin Quantitative  
Urine Analysis Complete  
Vitamin D-Reference Lab  
Lifeline-Medical alert system  
MRI  
Nuclear Medicine  
Obstetrics  
    Anesthesia Services  
    Breastfeeding Consultation  
    Childbirth Education  
    Childhood Immunizations  
    C-Sections  
    Delivery  
    Healthy Start Home Visitor Program  
    Pediatric  
    Postpartum Care  
    Prenatal Care  
    Recovery  
    Well child and well woman visits  
Outpatient Services  
Outpatient Surgery  
Physical Therapy  
Physical/Aquatic Therapy  
Specialized Services  
    Cardiology  
    General Surgery  
    Mammography  
    Oncology  
    Ophthalmology  
    Orthopedic

Osteoporosis  
Podiatrist  
Ultrasound  
X-Ray

**Goodland Regional Medical Center**  
220 West 2<sup>nd</sup> Street (Goodland)  
785-890-3625  
[www.goodlandregional.com](http://www.goodlandregional.com)

**Rawlins County Health Center**  
901 East Hospital Drive (Atwood)  
785-626-3211  
[www.rchc.us](http://www.rchc.us)

**Citizens Medical Center**  
100 East College Drive (Colby)  
785-462-7511  
[www.nwkshealthcare.com](http://www.nwkshealthcare.com)

**Dundy County Hospital**  
1313 N Cheyenne Street (Benkelman, NE)  
308-423-2204  
[www.bwtelcom.net/dch](http://www.bwtelcom.net/dch)

**Decatur County Hospital**  
810 West Columbia (Oberlin)  
785-475-2208

**Wray Community Hospital**

1017 West 7<sup>th</sup> Street (Wray, CO)

970-332-4811

[www.wrayhospital.org](http://www.wrayhospital.org)

**Kit Carson County Memorial Hospital**

286 16<sup>th</sup> Street (Burlington, CO)

719-346-5311

[www.kcchsd.org](http://www.kcchsd.org)

**Health Department**

**Cheyenne County Health Department**

221 West 1<sup>st</sup> Street (St. Francis)

785-332-2381

Cheyenne County Health Department services include:

- Adult Wellness
- Case Management
- Community Health
- Diabetes Support Group
- Emergency Preparedness
- Environmental Disease Surveillance
- Health Care Services
- Health Education
- Childhood & Adult Immunizations
- Weight Management
- WIC

## **Mental Health**

### **Heartland Rural Counseling Services, Inc.**

111 West 12<sup>th</sup> Street (Goodland)

785-821-0781

### **High Plains Mental Health Center**

723 Main Street (Goodland)

785-899-5991

[www.highplainsmentalhealth.com](http://www.highplainsmentalhealth.com)

### **Meier Clinics – Christian Counseling**

1015 Main Street (Goodland)

888-725-4642

### **Heartland Rural Counseling Services, Inc.**

484 West 4<sup>th</sup> Street (Colby)

785-460-7588

### **New Beginnings Counseling Services**

422 Smith Drive (Colby)

785-462-3308

### **Centennial Mental Health Center**

340 Birch Street (Wray, CO)

970-332-3133

[www.centennialmhc.org](http://www.centennialmhc.org)

**Centennial Mental Health Center**  
1291 Circle Driver (Burlington, CO)  
719-346-8183  
[www.centennialmhc.org](http://www.centennialmhc.org)

**Hays Medical Center Senior-Focused Care Unit**  
201 East 7<sup>th</sup> Street, Suite 315 (Hays)  
Dr. James Van Doren  
785-623-5161

## **Medical Professionals**

### *Chiropractors*

**Patrick R. Stuart, D.C.**  
115 South Quincy (St. Francis)  
785-332-3047

**Poling Chiropractic and Family Health Center**  
709 South Benton (St. Francis)  
785-332-3105

**Unger Chiropractic Clinic**  
120 North Scott Street (St. Francis)  
785-332-2186

**Arin J. Thomas, D.C.**  
1401 Main Avenue (Goodland)  
720-244-3452

**Clifton Porterfield, D.C.**  
2233 Caldwell Street (Goodland)  
785-899-2500

**Gleason Chiropractic**  
Patrick Gleason  
1015 Main Street (Goodland)  
785-899-2225

**Poling Chiropractic**  
1109 Main (Goodland)  
785-728-7282

**Unruh Family Chiropractic**  
1015 Main Street (Goodland)  
785-899-2225

**Active Balance Chiropractic & Acupuncture**  
418 Main Street (Atwood)  
785-626-3274

**Franz Chiropractic**  
135 West 6<sup>th</sup> Street (Colby)  
785-462-7236

**Northwest Kansas Chiropractic PA**  
770 South Range Avenue Suite 4 (Colby)  
785-460-0332



**Wiley Chiropractic Health Center**  
990 South Range Avenue (Colby)  
785-462-7577

**Matthews Family Chiropractic**  
503 Chief Street (Benkelman, NE)  
308-423-5626

**Nygaard Chiropractic Offices**  
501 Main Street (Wray, CO)  
970-332-3390

*Clinics*

**Cheyenne County Clinic**  
221 West 1<sup>st</sup> Street (St. Francis)  
785-332-2682

**Cheyenne County Clinic Bird City**  
233 West 4<sup>th</sup> Street (Bird City)  
785-734-2306

**Goodland Family Health Center**  
106 Willow Road (Goodland)  
785-890-6075

**Pioneer Health**  
910 Main Street (Goodland)  
785-890-7950

**Rawlins County Health Center Clinic**

504 Ottawa Street (McDonald)

785-538-2559

**Oberlin Clinic**

312 State Street (Atwood)

785-626-3229

**Rawlins County Health Center Clinic**

707 Grant Street (Atwood)

785-626-3241

**Quality Healthcare Clinic**

1313 North Cheyenne Street (Benkelman, NE)

308-423-2151

**Wray Clinic**

1017 West 7<sup>th</sup> Street (Wray, CO)

970-332-4895

*Specialty Clinics*

**Cheyenne County Hospital: Specialty Clinics**

210 W. First Street (St. Francis)

785-332-2104 ext. 185

**Goodland Regional Medical: Specialist Clinic**

220 West 2<sup>nd</sup> Street (Goodland)

785-890-6030

**Rawlins Specialty Clinics**  
707 Grant Street (Atwood)  
785-626-3211

*Dentists*

**Melvin Dunn, D.D.S.**  
300 North College Street (St. Francis)  
785-332-2062

**Tim Poling, D.D.S.**  
200 West Washington (St. Francis)  
785-332-3103

**Christopher Lovell, D.D.S.**  
Dental/Orthodontics  
1014 Main Street (Goodland)  
785-899-3025

**James Baker, D.D.S.**  
1009 Main Street (Goodland)  
785-890-2562

**Goodland Dental Arts**  
Terry Iman, D.D.S.  
Megan Pearce, D.D.S.  
504 Main Street (Goodland)  
785-899-6222

**Thomas J. Melcher**  
1014 Main Avenue (Goodland)  
785-899-3025

**Rawlins County Dental Clinic**  
707 Grant Street (Atwood)  
785-626-8289 or 8290

**Karen Thummel, D.D.S.**  
480 West 4<sup>th</sup> Street (Colby)  
785-460-6800

**Scott G. Haas, D.D.S.**  
770 South Range Avenue (Colby)  
785-760-3922

**Shawn D. Jensen, D.D.S.**  
1690 West 4<sup>th</sup> Street (Colby)  
785-460-3999

**Thomas J. Barlow, D.D.S.**  
505 North Franklin Avenue Suite H (Colby)  
785-460-7538

**Peckham Dental Clinic**  
718 Chief Street (Benkelman, NE)  
308-423-2024

**Carson & Neumann**  
416 Main Street (Wray, CO)  
970-332-4817

**Stephen F. Humphrey, D.D.S.**  
340 14<sup>th</sup> Street (Burlington, CO)  
719-346-8266

*Hearing*

**Cheyenne County Health Department**  
221 West 1<sup>st</sup> Street (St. Francis)  
785-332-2381

**Precision Hearing Aid Center**  
1208 Main Street (Goodland)  
785-899-3166

**Northwest Kansas Hearing Services, Inc.**  
175 South Range (Colby)  
785-460-2957  
1-800-500-0206

**Miracle Ear**  
415 Main Street (Wray, CO)  
970-445-3252

**Nathan J. Smith, A.U.D.**  
320 Cedar Street (Wray, CO)  
970-332-5439

## **Hearing Solutions**

1870 ½ South Range (Hays)  
785-460-4327

### *Optometrists*

#### **David F. Schnee, O.D.**

601 East US Highway 24 (Goodland)  
785-899-5501

#### **Newman Vision Care**

919 Main Street (Goodland)  
785-890-3937

*Ryan Newman, O.D.*

#### **Vision Source of Goodland**

1002 Broadway (Goodland)  
785-899-3654

[www.eyeclinic.com](http://www.eyeclinic.com)

*Danielle McAtee, O.D.*

#### **Larry Washburn**

505 North Franklin Avenue (Colby)  
785-462-3348

#### **Vision Source of Colby**

1005 South Range Avenue (Colby)  
785-462-8231

[www.eyeclinic.com](http://www.eyeclinic.com)

**Burrows Vision Clinic, L.L.C.**  
617 Chief Street (Benkelman, NE)  
308-345-2954  
[www.burrowsvision.com](http://www.burrowsvision.com)

**Vision Source of Burlington**  
498 15<sup>th</sup> Street (Burlington, CO)  
719-346-8415  
[www.eyeclinic.com](http://www.eyeclinic.com)  
*Danielle McAtee, O.D.*  
*Larry R. Williams, O.D.*

**Eye Care Council**  
1-800-960-EYES

*Pharmacies*

**Krien Pharmacy**  
105 West Washington (St. Francis)  
785-332-2177

**Medical Arts Pharmacy**  
202 Willow Road (Goodland)  
785-890-5111

**Wal-Mart Supercenter**  
2160 Commerce Road (Goodland)  
785-899-2266

**Bison RX Compounding & Therapy**  
416 State Street, Suite A (Atwood)  
785-626-3237

**Currier Drug**  
416 State (Atwood)  
785-626-3214

**Dillon Store Pharmacy**  
1605 South Range Avenue (Colby)  
785-462-1310

**Palace Drug Store**  
460 North Franklin Ave. (Colby)  
785-460-7507

**Benkelman Pharmacy**  
509 Chief Street (Benkelman, NE)  
308-423-2759

**Prescription Center**  
347 14<sup>th</sup> Street (Burlington, CO)  
719-346-7705

**W-B Drug Company**  
314 14<sup>th</sup> Street (Burlington, CO)  
719-346-8851



*Physicians and Health Care Providers*

**Cheyenne County Clinic**

221 West 1<sup>st</sup> Street (St. Francis)

785-332-2682

*Mary Beth Miller, M.D.*

*Rebecca Allard, M.D.*

*Tyler Raile, P.A.-C*

*Kristle Raile, P.A.-C*

*Kimberly S. Zwegardt, CRNA*

**Goodland Family Health Center**

106 Willow (Goodland)

785-890-6075

*David Younger, M.D.*

*Jackie Jorgensen, ARNP*

*Lisa Unruh, M.D., Pediatrician*

*Moe Shafei, M.D.*

*Sarah Linton, Registered Dietician*

*Travis Daise, M.D.*

**R.C. McCullough, M.D.**

1122 Center Street (Goodland)

785-899-2464

**Shafei Mohedine, M.D.**

106 Willow Road (Goodland)

785-890-6075

**Rodney S. Dill, M.D.**

814 South 2<sup>nd</sup> Street (Atwood)  
785-626-9434

**Family Center for Health Care**

310 East College Drive (Colby)  
785-462-6184

*Bruce Kellogg, D.O.*

*Darren Matchell, D.O.*

*Jenny Niblock, ARNP*

*Luetta Flanagan, ARNP*

*Kristina Jallow, ARNP*

*Tricia Carney, ARNP*

**Mekki Saba, M.D. FRCS**

100 East College Drive (Colby)  
785-462-7511

**C. Copley, D.O.**

311 North Garfield Avenue (Oberlin)  
785-470-2117

**Oberlin Clinic**

902 West Columbia (Oberlin)  
785-475-2221

*Elizabeth Sliter, M.D.*

*Jennifer Taylor, P.A.-C*

*Richard May, M.D.*

*Stelian Andreca, M.D.*

*Wendy Vogel, M.D.*

## *Rehabilitation Services*

### **Golden West Community Services**

108 Aspen Street (Goodland)  
785-899-2322

### **Kansas State of Social and Rehabilitation Service**

104 West US Highway 24 (Goodland)  
785-899-5661

### **Prairie Developmental Center**

208 South 4<sup>th</sup> Street (Atwood)  
785-626-3688

### **Citizens Medical Center**

100 East College Drive (Colby)  
785-460-4868

### **Tina Harris Physical Therapy & Sports Medicine**

270 North Franklin Avenue (Colby)  
785-462-8008

### **Kansas State of Social and Rehabilitation Service**

1135 South County Club Drive (Colby)  
785-462-6769

### **McDonald and Collins**

700 Main Street (Wray, CO)  
970-332-3471

**Wray Rehabilitation Center**

700 Main Street (Wray, CO)

970-332-4451

**Dynamic Dimensions**

1778 Martin Avenue (Burlington, CO)

719-346-5367

**First Step Recovery**

595 14<sup>th</sup> Street (Burlington, CO)

719-346-6060

# Other Health Services

## Assisted Living, Nursing Homes, Long-term Care

### **Good Samaritan Society St. Francis Village**

820 South Dennison Street (St. Francis)

785-332-2531

### **Good Samaritan Center**

208 West 2<sup>nd</sup> Street (Goodland)

785-890-7517

### **Wheat Ridge Acres Retirement Community**

707 Wheat Ridge Circle (Goodland)

785-899-0100

### **Good Samaritan Society**

650 Lake Road (Atwood)

785-626-9015

### **Colby Care Center**

105 East College Drive (Colby)

785-462-6721

### **Fairview Estates**

1630 Sewell Avenue (Colby)

785-462-2154

**Prairie Senior Living Complex**  
1625 South Franklin Avenue (Colby)  
785-462-8295

**Sarah Ann Hester Memorial Home and K.C. Stout  
Assisted Living**  
407 Dakota Street (Benkelman)  
308-423-2179  
[www.bwtelcom.net/hesterhome](http://www.bwtelcom.net/hesterhome)

**Cedar Living Center**  
810 West Columbia (Oberlin)  
785-475-2276

**Decatur Health System**  
810 West Columbia Street (Oberlin)  
785-475-2208

**Burlington Care Center**  
160 Pomeroy (Burlington, CO)  
719-346-8077

**Grace Manor Care Center**  
465 5<sup>th</sup> Street (Burlington, CO)  
719-346-7512

**Prairie Manor Good Samaritan Center**  
408 East 6<sup>th</sup> Street (Sharon Springs)  
785-852-4244

## **Disability Services**

### **Developmental Services for Northwest Kansas**

208 South 4<sup>th</sup> Street (Atwood)

785-626-3688

### **Prairie Developmental Center**

208 South 4<sup>th</sup> Street (Atwood)

785-626-3688

### **Developmental Services for Northwest Kansas**

1675 West 4<sup>th</sup> Street (Colby)

785-462-3012

### **LINK Incorporated**

505 North Franklin Avenue (Colby)

785-462-7600

### **American Council for the Blind**

1-800-424-8666

### **KS Commission for the Deaf and Hearing Impaired**

1-800-432-0698

### **National Center for Learning Disabilities**

1-888-575-7373

## **Domestic Violence**

### *Information and Treatment Centers*

#### **Regional Prevention Center**

140 W. 4<sup>th</sup> (Colby)

785-460-8177

#### **Battered Women's Crisis Center**

403 East 23<sup>rd</sup> Street (Hays)

785-625-4202

#### **Blackwell Conflict Management Consulting, LLC**

103 East 27<sup>th</sup> Street (Hays)

785-621-7273

#### **Northwest Kansas Domestic & Sexual Violence**

403 East 23<sup>rd</sup> Street (Hays)

785-625-4202

#### **General Information – Women's Shelters**

[www.WomenShelters.org](http://www.WomenShelters.org)

#### **Kansas Children's Service League**

1-800-332-6378

#### **KAPS-Kansas Advocacy & Protection Service**

1-800-672-0086



## **Educational Training Opportunities**

### **Northwest Kansas Technical College**

1209 Harrison (Goodland)

785-899-3641

[www.nwktc.edu](http://www.nwktc.edu)

### **Colby Community College**

1255 South Range Street (Colby)

785-460-4690

[www.colbycc.edu](http://www.colbycc.edu)

## **Food Program**

### **Cheyenne County Food Pantry**

212 East Washington (St. Francis)

785-332-3623

### **Genesis**

350 South Range Avenue (Colby)

785-460-7930

## **Government Healthcare**

### **Cheyenne County Health Department**

210 West 1<sup>st</sup> Street

St. Francis, KS 67756

785-332-2381

**Kansas Department on Aging (KDOA)**

503 South Kansas Avenue (Topeka)

785-296-4986 or 1-800-432-3535

[www.agingkansas.org/](http://www.agingkansas.org/)

**Kansas Department of Health and Environment (KDHE)**

Curtis State Office Building

1000 South West Jackson (Topeka)

785-296-1500

[www.kdheks.gov/contact.html](http://www.kdheks.gov/contact.html)

**MEDICAID**

Kansas Department of Social & Rehabilitation Services (SRS)

3000 Broadway (Hays)

785-628-1066

**MEDICARE**

Social Security Administration

1212 East 27<sup>th</sup> Street (Hays)

785-625-3496

**Social & Rehabilitation Services (SRS)**

3000 Broadway (Hays)

785-628-1066

**Social Security Administration**

1212 East 27<sup>th</sup> Street (Hays)

785-625-3496

## **Health and Fitness Centers**

### **n Balance**

122 West Washington Street (St. Francis)

785-332-2149

*Natalie Knodel*

### **Herbalife**

2627 Road 30 (Bird City)

785-426-4373

*Kevin Burkhalter*

### **Goodland Athletic Center**

808 Main Street (Goodland)

785-890-7242

### **Shape Up Sisters, Incorporated**

1533 Clark Street (Goodland)

785-890-5700

### **Atwood Fitness Center**

402 Vine Street Suite 1 (Atwood)

785-626-3362

### **Jump Start Fitness Center**

415 North Franklin Avenue (Colby)

785-460-5867

**Wow Workout Women**

430 North Franklin Avenue (Colby)

785-460-1969

**Home Health Services**

**Good Samaritan Society Home Care**

820 South Denison Street (St. Francis)

785-332-3588

**Susie Walz**

Home Health Care (St. Francis)

785-332-3486

**Goodland Home Health**

677 East 22<sup>nd</sup> Street (Goodland)

785-890-7658

**Lincare, Inc. (Respiratory Services)**

1013 Main Street (Goodland)

785-899-6848

**ResCare Homecare**

108 Aspen Road (Goodland)

785-728-4935

**Apria Healthcare (Respiratory Services)**

1255 South Country Club Drive (Colby)

785-462-8661

**L & C Home Health Agency**  
160 East 2<sup>nd</sup> Street (Colby)  
785-465-7444

**Cottonwood Home Care**  
810 West Columbia Street (Oberlin)  
785-475-2208

**Kelly's Home Medical**  
104 South Penn Avenue (Oberlin)  
785-475-2685

## **Hospice**

**Hospice Services Incorporated of Goodland**  
106 Willow Road (Goodland)  
785-899-5788

**Caring Hands Hospice**  
182 16<sup>th</sup> Street (Burlington, CO)  
719-346-4860

**Hospice Services Incorporated of Colby**  
438 North Franklin Avenue (Colby)  
785-462-6710

**Hospice Services**  
PO Box 116  
Phillipsburg, KS 67661  
913-543-2900

## **Massage Therapists**

### **Massage Therapy and Bodyworks**

315 S Scott (St. Francis)

785-332-2823

### **Raedell's Massage**

709 South Benton (St. Francis)

785-332-4391

### **Bailee Guyer**

1006 Main (Goodland)

785-821-2280

### **Britany's Natural Therapy**

1616 Main Street (Goodland)

785-890-6746

### **Healthful Solutions**

524 East Hwy 24 (Goodland)

785-821-4442

### **Tina Harris Physical Therapy and Sports Medicine**

270 North Franklin Avenue (Colby)

785-462-8008

### **Uptown Style Salon and Day Spa**

505 East 4<sup>th</sup> Street (Colby)

785-462-2383

## **Medical Equipment and Supplies**

### **Krien Pharmacy**

105 West Washington (St. Francis)  
785-332-2177

### **Lincare, Inc.**

1013 Main Street (Goodland)  
785-899-6848

### **Currier Health-Mart**

416 State Street (Atwood)  
785-626-3214

### **Apria Healthcare**

1255 South Country Club Drive (Colby)  
785-462-8661  
1-800-753-8661

### **Kelly's Home Medical**

104 South Penn Avenue (Oberlin)  
785-475-2685

## *Medical Equipment and Supplies Corporations*

**American Medical Sales & Repair 1-866-637-6803**

**Liberator Medical Supply 1-877-532-5936**

**LifeWatch USA 1-866-599-7363**

**Lifeline Medical Alert (Cheyenne County Hospital)**

785-332-2104

**Life Alert** 1-877-263-9176  
**Freedom Phone** 1-888-278-1868  
**My First Aid Company** 1-888-404-1937  
**1-800-Medicine** 1-800-281-0276  
**United States Medical Supply** 1-888-828-5186  
**U-Scout** 1-888-634-5146

## **Nutrition**

**Cheyenne County Health Department**  
221 West First (St. Francis)  
785-332-2381

**St. Francis Senior Center**  
322 West Washington (St. Francis)  
785-332-2945

**Sarah Linton, RD**  
220 West 2<sup>nd</sup> (Goodland)  
785-890-3625

**Wiley Chiropractic Health Center**  
990 South Range Avenue Suite 5 (Colby)  
785-462-7577



## **School Nurses**

### **Cheyenne County Health Department**

School Consults – USD 103 & 297

Mila Bandel, Nurse

221 West First (St. Francis)

785-332-2381

### **Central Elementary School – USD 352**

Carrie Peter, Nurse

1311 Main Street (Goodland)

785-890-6558

### **Goodland High School – USD 352**

Carrie Peter, Nurse

1209 Cherry Street (Goodland)

785-890-5656

### **West Elementary School – USD 352**

Carrie Peter, Nurse

912 West 12<sup>th</sup> Street (Goodland)

785-890-6163

### **Atwood High School**

Pam Stucynski, Public Health Nurse/School Nurse

100 North 8<sup>th</sup> Street (Atwood)

785-626-3289

**Rawlins County Elementary School – USD 105**

Pam Stucynski, Nurse  
205 North 4<sup>th</sup> Street (Atwood)  
785-626-3217

**Rawlins County Junior/Senior High – USD 105**

100 North 8<sup>th</sup> Street (Atwood)  
785-626-3289

**Brewster Elementary School – USD 314**

Lisa Stoll, Nurse  
127 Kansas Avenue (Brewster)  
785-694-2236

**Colby Elementary School – USD 315**

Jody Armstrong, Nurse  
210 North Grant Avenue (Colby)  
785-460-5100

**Colby High School – USD 315**

Jody Armstrong, Nurse  
1890 South Franklin Avenue (Colby)  
785-460-5300

**Colby Middle School – USD 315**

Jody Armstrong, Nurse  
750 West 3<sup>rd</sup> Street (Colby)  
785-460-5200

**Heartland Christian School**

1995 West 4<sup>th</sup> Street (Colby)

785-460-6419

**Scared Heart School**

1150 West 6<sup>th</sup> Street (Colby)

785-460-2813

**Thomas County Academy**

710 West 3<sup>rd</sup> Street (Colby)

785-460-5075

**Thomas County Learning Center**

485 North Chickamauga Avenue (Colby)

785-465-7900

**Sharon Springs School**

521 North Main Street (Sharon Springs)

785-852-4240

**Weskan Elementary School – USD 242**

219 Coyote Boulevard (Weskan)

785-943-5222

**Weskan Junior/Senior High School – USD 242**

219 Coyote Boulevard (Weskan)

785-943-5222

**Decatur Community Junior/Senior High – USD 294**  
Johanna Mason, Nurse  
605 East Commercial Street (Oberlin)  
785-475-2231

**Oberlin Elementary School – USD 294**  
Johanna Mason, Nurse  
201 West Ash Street (Oberlin)  
785-475-2122

## **Senior Services**

**Senior Citizens Center**  
322 West Washington Street (St. Francis)  
785-332-2945

**Bird City Senior Center**  
122 West Bressler Street (Bird City)  
785-734-2273

**Senior Progress Center**  
165 Fike Park Street (Colby)  
785-460-2901

**Brewster Senior Center**  
327 Kansas Avenue (Brewster)  
785-694-2645

**Golden Age Recreation Center**  
217 North Penn Avenue (Oberlin)  
785-475-3222

**Kanorado Senior Citizen**  
212 Main Street (Kanorado)  
785-399-2348

**NWKS Area on Aging**  
301 West 13<sup>th</sup> (Hays)  
800-432-7422

**Elder Abuse Hotline**  
800-842-0078

## **Veterinary Services**

**Republican Valley Veterinary Services**  
Judy Baxter, DVM  
Nathan Boyer, DVM  
Highway 36 (St. Francis)  
785-332-2262

**Prairieland Animal Clinic**  
204 North Caldwell Street (Goodland)  
785-899-7338

**Lyle A. Dixon, DVM**  
North Highway 25 (Atwood)  
785-626-3316

**Tri-State Veterinary Services**

11951 Highway 25 (Atwood)  
785-626-3316

**Colby Animal Clinic**

810 East 4<sup>th</sup> Street (Colby)  
785-460-8621

**Countryside Veterinary Clinic**

1829 Highway 83 (Oberlin)  
785-475-3808

**Twin Forks Clinic, Inc.**

70342 Highway 61 (Benkelman, NE)  
308-423-2895

# **Local Government, Community and Social Services**

## **Adult Protection**

**Kansas Department of Social and Rehabilitation Services West Region Protection Reporting Center – i.e. PROTECTION REPORT CENTER FOR ABUSE**

**800-922-5330**

**Available 24 hours / 7 days per week – including holidays**

**Cheyenne County Sheriff**

**212 East Washington Street (St. Francis)**

**785-332-8800**

**St. Francis Police Department**

**209 West Washington Street (St. Francis)**

**785-332-3330**

## **Alcohol and Drug Treatment and Support**

**Narcotics Anonymous**

**104 West Webster (St. Francis)**

**785-332-0082**

**Fred Waters Associates**

**502 Decatur Avenue (McDonald)**

**785-538-2356**

**Alcoholics Anonymous**

1275 West 6<sup>th</sup> Street (Colby)  
785-462-2906

**Regional Prevention Center**

140 West 4<sup>th</sup> Street (Colby)  
785-460-8177

**Wray Rehabilitation Center**

700 Main Street (Wray, CO)  
970-332-4451

**First Step Recovery**

595 14<sup>th</sup> Street (Burlington, CO)  
719-346-6060

*Out-Patient Treatment Programs*

**Smoky Hill Foundation**

209 E. 7<sup>th</sup> Street  
Hays, KS 67601  
Located at the old Hadley Hospital  
785-625-5775 or 625-5521 or 800-757-2180

**High Plains Mental Health Center**

208 E. 7<sup>th</sup> Street  
Hays, KS 67601  
Located at Old Hadley Hospital  
785-625-2871



## *In-Patient Treatment Programs*

**Heartland RADAC** – Regional Alcohol and Drug Assessment Center  
3000 Broadway (SRS Building)  
Hays, KS 67601

Heartland RADAC is a licensed alcohol and drug treatment program that provides assessment and referral services for individuals seeking substance abuse services. Heartland RADAC facilitates access to treatment services.

**If financial assistance is needed for in-patient treatment, contact Heartland RADAC Center at 913-789-0951 or 800-281-0951**

[www.hradac.com](http://www.hradac.com)

[www.hradac.com/resources.htm](http://www.hradac.com/resources.htm)

### **New Chance, Inc.**

Will accept Medicaid Title 19  
2500 Wyatt Earp Blvd.  
Dodge City, KS 67801  
620-225-0476

### **Valley Hope Centers**

Requires private insurance – no Medicare or Medicaid

Norton, KS	Halstead, KS	Atchison, KS
785-877-5101	316-830-2041	913-967-1618
or 800-544-5101		

## **Child Protection**

### **Kansas Children's Service League**

800-332-6378

### **Kansas Department of Social and Rehabilitation Services West Region Protection Reporting Center – i.e. PROTECTION REPORT CENTER FOR ABUSE**

800-922-5330

Available 24 hours / 7 days per week – including holidays

## **Children and Youth**

### **Lactation Consultant – Cheyenne County Hospital**

Lori Raile, RN, BSN

221 West First (St. Francis)

785-332-2104

### **Cowboy & Cowgirl Academy**

1228 Colorado Avenue (Goodland)

785-890-5437

### **Melissa's Little Red Caboose Day Care**

311 South 5<sup>th</sup> Street (Atwood)

785-626-3066

**Heartland Child Care**

120 West Third Street (Colby)

785-734-2509

**Puddle Duck Preschool**

520 West 5<sup>th</sup> Street (Colby)

785-460-2603

**Smart Start Northwest Kansas**

460 North Garfield Avenue (Colby)

785-465-9103

**Child Support Application**

[www.kschild.com](http://www.kschild.com)

888-757-2445

**Assistance for Families**

**Department of Social and Rehabilitation Services  
(SRS)**

3000 Broadway

Hays, KS 67601

785-628-1066

[www.srskansas.org](http://www.srskansas.org)

**Healthwave**

Low or no cost health plan for Kansas children within stipulated income guidelines – some low income parents may also qualify.

800-792-4884

PO Box 3599

Topeka, KS 66601

[www.kansashealthwave.org](http://www.kansashealthwave.org)

**Kansas Children's Service League**

785-625-2244

KCSL Parent Hotline – 800-332-6378

[www.kcsl.org](http://www.kcsl.org)

**Kansas Department of Health and Environment**

800-332-6262

**Kansas Society for Crippled Children**

800-624-4530

**Parents Anonymous Helpline**

800-332-6378

**Talking Books**

800-432-2858

**Youth Crisis Runaway Line**

800-448-4663

## **Extension Office**

### **Sunflower Extension District Office**

212 East Washington (St. Francis)  
785-332-3171

813 Broadway #301 (Goodland)  
785-890-4880

313 N Main Street (Sharon Springs)  
785-852-4285

## **Funeral Homes**

### **Knodel Funeral Home**

202 South Benton Street (St. Francis)  
785-332-3131

### **Bateman Funeral Home**

211 West 11<sup>th</sup> Street (Goodland)  
785-890-6600

### **Koons Funeral Home**

211 North Main Avenue (Goodland)  
785-890-3900

### **Williams Funeral Home**

109 North 2<sup>nd</sup> Street (Atwood)  
785-626-3895

### **Harrison Chapel**

190 South Franklin Avenue (Colby)

785-462-2331

### **Kernsenbrock Funeral Chapel**

745 South Country Club Drive (Colby)

785-462-7979

## **Head Start**

### **Cheyenne County Head Start**

222 West Webster Street (St. Francis)

785-332-3110

## **Housing**

### **Cheyenne Manor**

(Low rent housing authority)

200 North Ash (St. Francis)

785-332-3934

### **Bird City Housing**

Lebow Manor (Bird City)

785-734-2407

### **Kansas Housing Resources Corporation**

785-296-2065

[www.housingcorp.org](http://www.housingcorp.org)

**US Department of Housing and Urban  
Development**

Kansas Regional Office

913-551-5462

[www.hud.gov/local/index.cfm](http://www.hud.gov/local/index.cfm)

**Legal Services**

**James M. Milliken**

101 West Washington (St. Francis & Bird City)

785-332-2101 or 785-734-2551

**Kari M. Gilliland**

202 West Washington (St. Francis)

785-332-2101

County Attorney

785-332-8826

**Kevin Berens**

107 West Washington (St. Francis)

785-332-2566

**Michael J. Day**

112 West Washington (St. Francis)

785-332-3323

**Northwest Kansas Area Agency on Aging at Hays**

510 West 29<sup>th</sup> Street Suite B (Hays)

785-628-8204

[www.nakaaa.com](http://www.nakaaa.com)

## **Older Kansans Information Service**

Legal representation in specific areas of concern –  
funded by Area Agency on Aging and Federal funds.  
800-432-7422 and leave message or call direct 800-  
723-6953 or 785-625-4514  
May also call Elder Law Hotline 888-353-5337

## **Libraries, Parks and Recreation**

### **Greene Field**

100 College Street (St. Francis)

### **Riverside Recreation Golf Course**

Highway 36 (St. Francis)  
785-332-3401

### **St. Francis City Park**

300 Block of East Washington (St. Francis)

### **St. Francis Library**

121 North Scott (St. Francis)  
785-332-3292

### **St. Francis Swimming Pool**

207 South Cherry (St. Francis)  
785-332-3410

### **Bird City Public Library**

110 East Bressler Street (Bird City)  
785-734-2203



**Bird City Swimming Pool**  
100 N Rich Avenue (Bird City)  
785-734-2241

**Western Prairie RC & D**  
915 East Walnut, Suite 3 (Colby)  
785-462-2602

## **Public Information**

**City of St. Francis**  
Mayor: 785-332-2833 (Scott Schultz)  
Clerk: 785-332-3142 (Gloria Milne)

**Bird City Hall**  
111 East Bressler Street (Bird City)  
785-734-2616

**City of Bird City**  
Mayor: 785-734-2616 (Troy Burr)  
Clerk: 785-734-2616 (DeAnza Ambrosier)

## **Rape**

**Domestic or Sexual Violence Crisis Center or 24  
Hour Crisis Line**  
785-625-3055

**Northwest Kansas Domestic and Sexual Violence Services**

403 East 23<sup>rd</sup> Street  
Hays, KS 67601  
785-625-4202

**Red Cross**

**American Red Cross**

602 Grand Street (Goodland)  
785-890-2011

**Social Security Administration**

1212 East 27<sup>th</sup> Street  
Hays, KS 67601  
785-625-3496  
[www.ssa.gov](http://www.ssa.gov)

**Support Groups**

**See also Alcohol and Drug**

**Cheyenne County Health Department**

221 West First (St. Francis)  
785-332-2381

### **Alzheimer's Support Group**

Meetings are at 7 pm the first Monday of each month at the Northwest Kansas Area Health Education Center.

217 E. 32<sup>nd</sup> Street

Hays, KS

785-625-9006

### **American Cancer Society**

Heather West, Community Manager – Health Initiatives

785-472-4075

[heather.west@cancer.org](mailto:heather.west@cancer.org)

Kim Peach, Community Manager – Development

785-222-3327

### **Narcotics Anonymous Info Line**

PO Box 1361 (Hays)

785-621-4350

### **Diabetic Support Group: Heart of Kansas Family Health Care, Inc.**

1905 19<sup>th</sup> Street (Great Bend)

620-792-5700

### **High Plains Independence Incorporated**

785-625-8865

**Patient Service Center – centralized**

1-877-227-1618

[HPLPatientServiceCenter@cancer.org](mailto:HPLPatientServiceCenter@cancer.org)

**Transportation**

**General Public Transportation**

165 Fike Park Street (Colby)

785-443-9208

**Goodland General Public Transportation**

208 West 15<sup>th</sup> Street (Goodland)

785-899-5082

**Non-Emergency Medical Transportation (NEMT)**

To schedule pick-up phone: 888-561-8747

Must be a Medicaid recipient.

Must call 48 hours in advance for transportation – must be medical (nothing dental or optical).

Client will be picked up approximately one hour before an appointment and will pick client up for return trip one hour after being called or client's appointment is completed.

If traveling more than 50 miles – physician must give preapproval for transportation.

# State and National Information, Services & Support

## Adult Protection

### Adult Protection Services

1-800-922-5330

[www.srskansas.org/SD/ees/adult.htm](http://www.srskansas.org/SD/ees/adult.htm)

### Domestic Violence and Sexual Assault (DVACK)

1-800-874-1499

[www.dvack.org](http://www.dvack.org)

### Elder and Nursing Home Abuse Legal

[www.resource4nursinghomeabuse.com/index.html](http://www.resource4nursinghomeabuse.com/index.html)

### Kansas Coalition Against Sexual and Domestic Violence

1-888-END-ABUSE (363-2287)

[www.kcsdv.org/ksresources.html](http://www.kcsdv.org/ksresources.html)

### Kansas Department on Aging Adult Care Complaint Program

1-800-842-0078

### National Center on Elder Abuse (Administration on Aging)

[www.ncea.gov/NCEAroot/MainSite?FindHelp/HelpHotline.aspx](http://www.ncea.gov/NCEAroot/MainSite?FindHelp/HelpHotline.aspx)

**National Domestic Violence Hotline**

1-800-799-SAFE (799-7233)

1-800-787-3224 (TTY)

[www.ndvh.org](http://www.ndvh.org)

**National Sexual Assault Hotline**

1-800-994-9662

1-888-220-5146(TTY)

[www.4woman.gov/faq/sexualassault.htm](http://www.4woman.gov/faq/sexualassault.htm)

**National Suicide Prevention Lifeline**

1-800-273-8255

**Poison Center**

1-800-222-1222

**Sexual Assault and Domestic Violence Crisis Line**

1-800-701-3630

**Social and Rehabilitation Services (SRS)**

1-888-369-4777 (Hays)

[www.srskansas.org](http://www.srskansas.org)

**Suicide Prevention Hotline**

1-785-841-2345

**Alcohol and Drug Treatment Programs**

**A 1 A Detox Treatment**

1-800-757-0771

**AAAAAH**

1-800-993-3869

**Abandon A Addiction**

1-800-405-4810

**Able Detox-Rehab Treatment**

1-800-577-2481 (NATIONAL)

**Abuse Addiction Agency**

1-800-861-1768

[www.thewatershed.com](http://www.thewatershed.com)

**AIC (Assessment Information Classes)**

1-888-764-5510

**Alcohol and Drug Addiction Treatment Programs**

1-800-510-9435

**Alcohol and Drug Helpline**

1-800-821-4357

**Al-Anon Family Group**

1-888-4AL-ANON (425-2666)

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

**Mothers Against Drunk Driving**

1-800-GET-MADD (438-6233)

[www.madd.org](http://www.madd.org)

**National Council on Alcoholism and Drug  
Dependence, Inc.**

1-800-NCA-CALL (622-2255)

[www.ncadd.org](http://www.ncadd.org)

**Recovery Connection**

[www.recoveryconnection.org](http://www.recoveryconnection.org)

**Regional Prevention Centers of Kansas**

1-800-757-2180

[www.smokyhillfoundation.com/rpc-locate.html](http://www.smokyhillfoundation.com/rpc-locate.html)

**Children and Youth**

**Boys and Girls Town National Hotline**

1-800-448-3000

[www.girlsandboystown.org](http://www.girlsandboystown.org)

**Child Abuse Hotline**

1-800-922-5330

**Child Abuse National Hotline**

1-800-4-A-CHILD (422-4453)

[www.childabuse.com](http://www.childabuse.com)

**Child Find of America**

1-800-426-5678



**Child Help USA National Child Abuse Hotline**  
1-800-422-4453

**HealthWave**  
PO Box 3599  
Topeka, KS 66601  
1-800-792-4884  
1-800-792-4292 (TTY)  
[www.kansashealthwave.org](http://www.kansashealthwave.org)

**Heart Spring (Institute of Logopedics)**  
8700 E. 29<sup>th</sup> North  
Wichita, KS 67226  
[www.heartspring.org](http://www.heartspring.org)

**Kansas Big Brothers / Big Sisters**  
1-888-KS4-BIGS  
[www.ksbbbs.org](http://www.ksbbbs.org)

**Kansas Children's Service League (Hays)**  
785-625-2244  
1-877-530-5275  
[www.kcsl.org](http://www.kcsl.org)

**Kansas Department of Health and Environment**  
785-296-1500  
[www.kdheks.gov](http://www.kdheks.gov)

**Kansas Society for Crippled Children**

106 W. Douglas, Suite 900

Wichita, KS 67202

1-800-624-4530

316-262-4676

[www.kssociety.org](http://www.kssociety.org)

**National Runaway Switchboard**

1-800-RUNAWAY

[www.1800runaway.org/](http://www.1800runaway.org/)

**National Society for Missing and Exploited Children**

1-800-THE-LOST (843-5678)

[www.missingkids.com](http://www.missingkids.com)

**Counseling**

**Care Counseling**

Family counseling services for Kansas and Missouri

1-888-999-2196

**Castlewood Treatment Center for Eating Disorders**

1-888-822-8938

[www.castlewoodtc.com](http://www.castlewoodtc.com)

**Catholic Charities**

1-888-468-6909

[www.catholiccharitiessalina.org](http://www.catholiccharitiessalina.org)

**Central Kansas Mental Health Center**

1-800-794-8281

Will roll over after hours to a crisis number.

**National Hopeline Network**

1-800-SUICIDE (785-2433)

[www.hopeline.com](http://www.hopeline.com)

**National Problem Gambling Hotline**

1-800-552-4700

[www.npgaw.org](http://www.npgaw.org)

**Samaritan Counseling Center**

1602 N. Main Street

Hutchinson, KS 67501

620-662-7835

<http://cmc.pdswebpro.com>

**Self-Help Network of Kansas**

1-800-445-0116

[www.selfhelpnetwork.wichita.edu](http://www.selfhelpnetwork.wichita.edu)

**Senior Health Insurance Counseling**

1-800-860-5260

[www.agingkansas.org](http://www.agingkansas.org)

**Sunflower Family Services, Inc.**

(adoption, crisis pregnancy, conflict solution center)

1-877-457-5437

[www.sunflowerfamily.org](http://www.sunflowerfamily.org)

## **Kansas Rural Family Help Line**

1-866-327-6578

Kansas State University

28-A Edwards Hall

Manhattan, KS 66506-4803

## **Disability Services**

### **American Association of People with Disabilities (AAPD)**

[www.aapd.com](http://www.aapd.com)

### **American Council for the Blind**

1-800-424-8666

[www.acb.org](http://www.acb.org)

### **Americans with Disabilities Act Information Hotline**

1-800-514-0301

1-800-514-0383 (TTY)

[www.ada.gov](http://www.ada.gov)

### **Disability Advocates of Kansas, Inc.**

1-866-529-3824

[www.disabilitysecrets.com](http://www.disabilitysecrets.com)

### **Disability Group, Inc.**

1-888-236-3348

[www.disabilitygroup.com](http://www.disabilitygroup.com)

**Disability Rights Center of Kansas (DRC)**  
Formerly Kansas Advocacy & Protective Services  
1-877-776-1541  
1-877-335-3725 (TTY)  
[www.drckansas.org](http://www.drckansas.org)

**Kansas Commission for the Deaf and hearing Impaired**  
1-800-432-0698  
[www.srskansas.org/kcdhh](http://www.srskansas.org/kcdhh)

**Kansas Relay Center (Hearing Impaired Service)**  
1-800-766-3777  
[www.kansasrelay.com](http://www.kansasrelay.com)

**National Center for Learning Disabilities**  
1-888-575-7373  
[www.nclld.org](http://www.nclld.org)

**National Library Services for Blind and Physically Handicapped**  
[www.loc.gov/nls/](http://www.loc.gov/nls/)  
1-800-424-8567

## **Environment**

**Environment Protection Agency**  
1-800-223-0425  
913-321-9516 (TTY)  
[www.epa.gov](http://www.epa.gov)

**Kansas Department of Health and Environment**

Salina 785-827-9639

Hays 785-625-5663

Topeka 785-296-1500

[www.kdheks.gov](http://www.kdheks.gov)

**Milco Environment Services**

320 West 4<sup>th</sup> Street (Colby)

785-460-1956

**Northwest Local Environmental Protection Group**

350 South Range Avenue Suite 4 (Colby)

785-462-8636

**Northwest Kansas Groundwater Management –  
District #4**

PO Box 905

Colby, KS 67701

785-462-3915

**Food and Drug**

**Center for Food Safety and Applied Nutrition**

1-888-SAFEFOOD (723-3366)

[www.cfsan.fda.gov/](http://www.cfsan.fda.gov/)

[www.healthfinder.gov/docs/doc03647.htm](http://www.healthfinder.gov/docs/doc03647.htm)

**U.S. Food and Drug Administration**

1-888-INFO-FDA

1-888-463-6332

[www.fsis.usda.gov/](http://www.fsis.usda.gov/)

**USDA Meat and Poultry Hotline**

1-888-674-6854

1-800-256-7072 (TTY)

[www.fsis.usda.gov/](http://www.fsis.usda.gov/)

**Poison Hotline**

1-800-222-1222

**Kansas Department of Agriculture**

109 S.W. 9<sup>th</sup> Street

Topeka, KS 66612-1280

785-296-3556

[www.ksda.gov](http://www.ksda.gov)

**Pesticide and Fertilizer Use**

Dr. Gary Meyer

785-296-3786 (Topeka)

**Health Services**

**American Cancer Society**

1-800-ACS-2345

[www.cancer.org](http://www.cancer.org)

**American Heart Association**

1-800-AHA-USA-a

[www.americanheart.org](http://www.americanheart.org)

**American Health Assistance Foundation**

1-800-437-2423

[www.ahaf.org](http://www.ahaf.org)

**American Stroke Association**

1-888-4-STROKE

[www.americanheart.org](http://www.americanheart.org)

**Arthritis Foundation, Kansas Chapter**

1-800-283-7800

[www.arthritis.org/chapters/kansas/](http://www.arthritis.org/chapters/kansas/)

**Center for Disease Control and Prevention**

1-800-311-3435

[www.cdc.gov/hiv/](http://www.cdc.gov/hiv/)

**Elder Care Helpline**

[www.eldercarelink.com](http://www.eldercarelink.com)

**Eye Care Council, Inc.**

1-800-960-EYES

[www.seetolearn.com](http://www.seetolearn.com)



**Kansas Foundation for Medical Care**

1-800-432-0407

[www.kfmc.org](http://www.kfmc.org)

**National Health Information Center**

1-800-336-4797

[www.health.gov/nhic](http://www.health.gov/nhic)

**National Institute on Deafness and Other  
Communication Disorders Information  
Clearinghouse**

1-800-241-1044

1-800-241-1055 (TTY)

[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

**Hospice**

**Southwind Hospice, Inc.**

[www.southwindhospice.com](http://www.southwindhospice.com)

785-483-3161

**Kansas Hospice and Palliative Care Organization**

1-800-658-8898

[www.lifeproject.org/ash.htm](http://www.lifeproject.org/ash.htm)

**Housing**

**Kansas Housing Resources Corporation**

785-296-2065

[www.housingcorp.org](http://www.housingcorp.org)

**US Department of Housing and Urban  
Development**

Kansas Regional Office  
913-551-5462

[www.hud.gov/local/index.cfm](http://www.hud.gov/local/index.cfm)

**Legal Services**

**Kansas Attorney General**

1-800-432-2310 (Consumer Protection)

1-800-828-9745 (Crime Victims' Rights)

[www.ksag.org/home](http://www.ksag.org/home)

**Kansas Bar Association**

785-234-5696

[www.ksbar.org](http://www.ksbar.org)

**Kansas Department on Aging**

785-432-3535

785-291-3167 (TTY)

[www.agingkansas.org](http://www.agingkansas.org)

**Kansas Legal Services**

1-800-723-6953

785-233-4028 (TTY)

[www.kansaslegalservices.org](http://www.kansaslegalservices.org)

## **Medicaid/Medicare Services**

### **Kansas HealthWave**

1-800-792-48847 or 1-800-792-4292 (TTY)

[www.kansashealthwave.org](http://www.kansashealthwave.org)

### **Kansas Medical Assistance Program**

Customer Service

1-800-766-9012

[www.kmpa-state-ks.us/](http://www.kmpa-state-ks.us/)

### **Medicare Information**

1-800-MEDICARE

[www.medicare.gov](http://www.medicare.gov)

### **U.S. Department of Health and Human Services**

Centers for Medicare and Medicaid Services

1-800-MEDICARE (800-633-4227) or

1-877-486-2048 (TTY)

[www.cms.hhs.gov](http://www.cms.hhs.gov)

## **Mental Health Services**

### **Alzheimer's Association**

1-800-272-3900 or 1-866-403-3073 (TTY)

[www.alz.org](http://www.alz.org)

**Developmental Services of Northwest Kansas**  
1-800-637-2229

**Kansas Alliance for Mentally Ill (Topeka, KS)**  
785-233-0755  
[www.namikansas.org](http://www.namikansas.org)

**Make a Difference**  
1-800-332-6262

**Mental Health America**  
1-800-969-6MHA (969-6642)

**National Alliance for the Mentally Ill Helpline**  
1-800-950-NAMI (950-6264) or 703-516-7227 (TTY)  
[www.nami.org](http://www.nami.org)

**National Institute of Mental Healthcare**  
1-866-615-6464 or 1-866-415-8051 (TTY)  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

**National Library Services for Blind and Physically Handicapped**  
1-800-424-8567  
[www.loc.gov/nls/music/index.html](http://www.loc.gov/nls/music/index.html)

**State Mental Health Agency**  
KS Department of Social and Rehabilitation Services  
785-296-3959  
[www.srskansas.org](http://www.srskansas.org)

## **Suicide Prevention Hotline**

1-800-SUICIDE (784-2433)

[www.hopeline.com](http://www.hopeline.com)

## **Nutrition**

### **American Dietetic Association**

1-800-877-1600

[www.eatright.org](http://www.eatright.org)

### **Department of Human Nutrition**

Kansas State University

785-532-5500

[www.humec.k-state.edu/hn/](http://www.humec.k-state.edu/hn/)

### **Eating Disorders Awareness and Prevention**

1-800-931-2237

[www.nationaleatingdisorders.org](http://www.nationaleatingdisorders.org)

### **Food Stamps**

Kansas Department of Social and Rehabilitation Services (SRS)

1-888-369-4777 or Local SRS office

[www.srskansas.org/ISD/ees/food\\_stamps.htm](http://www.srskansas.org/ISD/ees/food_stamps.htm)

### **Kansas Department of Health and Environment**

1000 SW Jackson, Suite 220

Topeka, KS 66612

785-296-1320

[www.kdheks.gov/news-wic/index.html](http://www.kdheks.gov/news-wic/index.html)

## **Road and Weather Conditions**

### **Kansas Road Conditions**

1-866-511-KDOT (511-5368)

<http://kdot1.ksdot.org/divplanning/roadrpt/>

## **Senior Services**

### **Alzheimer's Association**

1-800-487-2585

### **American Association of Retired Persons (AARP)**

1-888-OUR-AARP (687-2277)

[www.aarp.org](http://www.aarp.org)

### **Americans with Disabilities Act Information Line**

1-800-514-0301 or 1-800-514-0383 (TTY)

[www.usdoj.gov/crt/ada](http://www.usdoj.gov/crt/ada)

### **Eldercare Locator**

1-800-677-1116

[www.eldercare.gov/eldercare/public/home.asp](http://www.eldercare.gov/eldercare/public/home.asp)

### **Home Buddy**

1-866-922-8339

[www.homebuddy.org](http://www.homebuddy.org)

### **Home Health Complaints**

Kansas Department of Social and Rehabilitation  
Services (SRS)

1-800-842-0078

**Kansas Advocates for Better Care Inc.**

Consumer Information

1-800-525-1782

[www.kabc.org](http://www.kabc.org)

**Kansas Department on Aging**

1-800-432-3535 or 785-291-3167 (TTY)

[www.agingkansas.org/index.htm](http://www.agingkansas.org/index.htm)

**Kansas Foundation for Medical Care, Inc.**

Medicare Beneficiary Information

1-800-432-0407

**Kansas Tobacco Use Quitline**

1-866-KAN-STOP (526-7867)

[www.kdheks.gov/tobacco/cessation.html](http://www.kdheks.gov/tobacco/cessation.html)

**Older Kansans Employment Programs (OKEP)**

785-296-7842

[www.kansascommerce.com](http://www.kansascommerce.com)

**Older Kansans Information Reference Sources on Aging (OKIRSA)**

1-800-432-3535

**Senior Health Insurance Counseling for Kansas**

1-800-860-5260

[www.agingkansas.org/SHICK/shick\\_index.html](http://www.agingkansas.org/SHICK/shick_index.html)

## **SHICK**

1-800-860-5260

[www.agingkansas.org/SHICK](http://www.agingkansas.org/SHICK)

## **Social Security Administration**

785-296-3959 or 785-296-1491 (TTY)

[www.srskansas.org](http://www.srskansas.org)

## **Veterans**

### **Federal Information Center**

1-800-333-4636

[www.FirstGov.gov](http://www.FirstGov.gov)

### **U.S. Department of Veterans Affairs**

1-800-513-7731

[www.kcva.org](http://www.kcva.org)

### **Education (GI Bill)**

1-888-442-4551

### **Health Resource Center**

1-877-222-8387

### **Insurance Center**

1-800-669-8477

### **Mammography Helpline**

1-888-492-7844



**Memorial Program Service** (includes status of headstones and markers)

1-800-697-6947

**Other Benefits**

1-800-827-1000

**Telecommunications Device for the Deaf/Hearing Impaired**

1-800-829-4833 (TTY)

[www.vba.va.gov](http://www.vba.va.gov)

**U.S. Department of Veterans Affairs**

1-800-513-7731

[www.kcva.org](http://www.kcva.org)

**Veteran Special Issue Help Line**

Includes Gulf War / Agent Orange Helpline

1-800-749-8387





PRSRT STD  
ECRWSS  
U.S.POSTAGE  
PAID  
EDDM RETAIL

Local  
Postal Customer